

BECCLES PARISH ST MICHAEL & ST LUKE
With WORLINGHAM | NORTH COVE | BARNBY



HOLY COMMUNION

FOR SUNDAYS IN CHURCH OR AT HOME

WORSHIP ON ZOOM EACH SUNDAY AT 11AM

ID 839 0933 9325 Passcode 769278

DIAL IN BY PHONE 0131 460 1196

Welcome to worship today

The service begins with a time of silence

God in Christ has revealed his glory.

Come let us worship.

From the rising of the sun to its setting

the Lord's name is greatly to be praised.

Give him praise, you servants of the Lord.

O praise the name of the Lord!

Prayer of Preparation

Almighty God,

to whom all hearts are open,

all desires known,

and from whom no secrets are hidden:

cleanse the thoughts of our hearts

by the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name;

through Christ our Lord. Amen.

Confession

Almighty God, our heavenly Father,

we have sinned against you and against our neighbour

in thought and word and deed,

through negligence, through weakness,

through our own deliberate fault.

We are truly sorry and repent of all our sins.

For the sake of your Son Jesus Christ, who died for us,

forgive us all that is past

and grant that we may serve you

in newness of life to the glory of your name. Amen.

Absolution

Collect

Readings

This is the word of the Lord.

Thanks be to God.

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to *N.*

Glory to you, O Lord.



At the end

This is the Gospel of the Lord.

Praise to you, O Christ.

A thought or silence for reflection

Prayers

These responses may be used

Lord, in your mercy,
hear our prayer.

Lord hear us.
Lord graciously hear us.

And at the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**



The Peace

God will speak peace to his people,
to those who turn to him in their hearts.

or

God has called us to live in peace.

The peace of the Lord be always with you
and also with you.

Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Father, you made the world and love your creation.

You gave your Son Jesus Christ to be our Saviour.

His dying and rising have set us free from sin and death.

And so we gladly thank you,

with saints and angels praising you, and saying:

Holy, holy, holy Lord,

God of power and might,

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

We praise and bless you, loving Father,

through Jesus Christ, our Lord;

and as we obey his command,

send your Holy Spirit,

that broken bread and wine outpoured

may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends

and, taking bread, he praised you.

He broke the bread, gave it to them and said:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

When supper was ended he took the cup of wine.

Again he praised you, gave it to them and said:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.



So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Christ is the bread of life:

**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus,
until you come in glory.**

Lord of all life,
help us to work together for that day when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people, gather us in your loving arms and bring us
with all the saints to feast at your table in heaven.
Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all
honour and glory are yours, O loving Father, for ever and ever. **Amen.**

As our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us peace.**

‘Spiritual Communion’ is a historic practice in the church for anyone who cannot receive the bread and wine physically. It is possible because Communion is always a spiritual practice and not simply physical. Through God’s grace, whilst we cannot receive the bread and wine, we can still receive the sacrament in our hearts, and share in communion with Jesus. In making our communion spiritually, we are joining with Christians everywhere who cannot receive the bread and wine at this time. The following prayer is one form of words to use for Spiritual Communion.



Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly, love you more dearly,
and follow you more nearly, day by day. Amen.
after the Prayer of St Richard of Chichester

Giving of Communion

Prayer after Communion

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Strengthen us in the power of your Spirit
to live and work to your praise and glory. Amen.**

Blessing & Dismissal

The love of the Lord Jesus draw you to himself,
the power of the Lord Jesus strengthen you in his service,
the joy of the Lord Jesus fill your hearts;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

The Lord God almighty is our Father:
he loves us and tenderly cares for us.

The Lord Jesus Christ is our Saviour:
he has redeemed us and will defend us to the end.

The Lord, the Holy Spirit, is among us:
he will lead us in God's holy way.

**To God almighty, Father, Son and Holy Spirit,
be praise and glory today and for ever. Amen.**

